

Edition - 6 www.interjaslog.com



Johouse Magzine of InterJAS Logistics Pvt.Ltd.



Every Jungle has a King & King of the Jungle is Tiger

Happy New Year!!!

Feeling excited in 2015.... & eager to see what this new year has planned for all of us. The Tiger is roaring in all the regions & winning all hearts nationally as well internationally.

Sometimes I wonder if it is about being polite & humble OR politically correct, never the less as far it is bringing success to our country & getting required recognition all is well. All the Tiger nations of the world have acknowledged the charisma of Indian Tiger who is on a way to win all the hearts.

The face of Indian politics is changing & the country which was known for Dirty Politics is now getting into Intellectual polite tricks. I think the politicians are adopting real corporate theory to ensure that they achieve the targets & suddenly it is giving a feel that India is now planning a serious mechanism.

Women Power, Common Man, Third Gender, Swatch Bharat have become national interests over Cricket. Even the Indian Cricket is going through a change & for the first time we will not have "Gavaskar" OR "Tendulkar" playing the world cup for India.

The world cup is ahead & I am sure that the cricketing nation which was showing interest in politics will again shift to its core for time being. Hope the Indian Team does not disappoint the crowd & considering present performance of the all are worried as I am.

All the best & hope 2015 brings lot of Joy, Excitement, Success to everyone & probably World cup to our country.

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Major Events of 2014

Sports



FIFA World cup 2014

Hockey world - 2014



Commonwealth Games



General Election- All Round Modi



Scotland Referendum

ICC T20 World cup



Winter Olympics



ISRO's Mars Mission



Missing Airline MH370 mystery remains unsolved

Kashmir Floods

Ebola Virus Outbreak





Facebook buys whatsApp



Flipcart Myntra Merger



Polio Free India- WHO



Monorail in India



Telangana- 29th State of India



Nalanda university- Reopened



Transgender third gender- SC



Bharat Ratan 2015- Atal Bihari Vajpayee& Madan Mohan Malaviya



Nobel Peace Prize- Kailash Satyarthi & Malala Yousafzai



M S Dhoni- Adios Test cricket



WHAT REALLY IMPORTANT

10 Minute- Must read!!!

Yesterday, I was driving, and the FM radio went off for few seconds. I thought, I should have an iPod. Then suddenly I realized that I have not used my iPod in last 6 months. And then, more things, Handycam in last 2 years, Digital Camera in last 2 months, DVD player in last 1 month and many more.

Now I can say that I bought that Handy cam just out of impulse, I have used it twice only in last 4 years. So, what's wrong and where? When I look at myself or my friends I can see it everywhere. We are not happy with what we have but all are stressed and not happy for the things we don't have. You have a Santro, but you want City; You have a City, but you want Skoda. Just after buying a new phone, we need another one. Better laptop, bigger TV, faster car, bigger house, more money, and I means, these examples are endless.

The point is, does it actually worth? Do we ever think if we actually need those things before we want them? After this, I was forced to think what I need and what I don't. May be I didn't need this Handy cam or the iPod or that DVD player.

When I see my father back at home. He has a simple BPL colour TV, he doesn't need 32" Sony LCD wall mount. He has a cell phone worth Rs 2,500. Whenever I ask him to change the phone, he always says, "It's a phone; I need this just for calls."And believe me; he is much happier in life than me with those limited resources and simple gadgets. The very basic reason why he is happy with so little is that he doesn't want things in life to make it luxurious, but he wants only those things which are making his life easier.

It's a very fine line between these two, but after looking my father's life style closely, I got the point. He needs a cell phone but not the iPhone. He needs a TV but not the 32" plasma. He needs a car but not an expensive one.

Initially I had lot of questions.I am earning good; still I am not happy...why? I have all luxuries; still I am stressed....why? I had a great weekend, still I am feeling tired..... why?

I met lot of people, I thought over it again and again, I still don't know if I got the answers, but certainly figured out few things. I realize that one thing which is keeping me stressed is the "stay connected" syndrome. I realized that, at home also I am logged in on messengers, checking mails, using social networks, and on the top of that, the windows mobile is not letting me disconnected. On the weekend itself, trying to avoid unwanted calls and that is keeping my mind always full of stress.

I realized that I am spending far lesser money than what I earn; even then I am always worried about money and more money.

I realized that I am saving enough money I would ever need, whenever needed. Still I am stressed about job and salary and spend.

May be, many people will call this approach "not progressive attitude", but I want my life back.

Ultimately it's a single life, a day gone is a day gone. I believe if I am not happy tonight, I'll never be happy tomorrow morning.

I finally realized that meeting friends, spending quality time with your loved one's; spending time with yourself is the most important thing.

If on Sunday you are alone and you don't have anybody to talk with, then all that luxuries life, all that money is wasted.

May be cutting down your requirements, re-calculating your future goal in the light of today's happiness is a worthwhile thing to do.

May be selling off your Santro and buying Honda City on EMIs is not a good idea. I believe putting your happiness ahead of money is the choice we need to make.

I think, a lot can be said and done but what we need the most is re-evaluation of the value of happiness and time we are giving to our life and people associated with it Think about it!

Source: - Article of Chetan Bhagat

Shared BY: - Pragat Bhandarkar



The Monkeys Go Fasting

A group of monkeys decide to go on fast one day." Before we begin, I think we should keep the food which we 'll break the fast ready," Counseled theold monkey chief.

The Monkeys nodded their heads in agreement. The Youngsters were sent in search of food. They returned with huge hands of delicious looking bananas.

"I think each of us should keep our share of bananas with us before we began our fast, so that we don't spend time distributingthem after we break our fast. You can imagine how hungry we all will be by then!"Said the chief's wife.

The Monkeys liked the idea 7 they collected their share of the bananas. Why don't we peel one banana and keep it ready to eat??...Said one of the youngsters. "Yes Lets do that, "Shouted a fat monkey in agreement. Just looking at the bananas was making him hungry.

"All right said monkey's chief."We shall peel the banana but under no condition should we eat them." Source: Miscellaneous

THE STORY OF FOUR MINUTE MILE.....

It exists in all us yet it is so invisible, it can be our greatest strength yet it acts as a barrier for achieving greatness in life

By now you must be thinking what this is....... Well it's the "Mind" which is the centre of all our existence & innovation. I think still it's very confusing; well let me share with you all a small story of how Mind can be our greatest stumbling block or the greatest strength.

Until 1954 the four minute mile was something beyond human achievement, it was a goal long held by many athletes & sportsmen but achieved by none. Then something happened in May of 1954, Roger Bannister a British runner shattered this barrier, running the mile in 3 minutes 59.4 seconds.....

Two months later the record was broken again by Australian John Landy & in next three years, it was broken 16 times again.....

What happened in these years? There was no growth in human evolution? Nor any new race of super runners created? Then how the record unbeatable for So monkeys peel their bananas &carefully kept them ready for eating in the evening.

"Can I keep the banana in my mouth? I promise not to eat it till evening.



Please!"A little monkey asked his father.

"Why don't we all put banana in our mouth? That way we can chew it immediately when we break the fast, "Said his father, who had agreed to go on the fast only because his wife had not given him a choice."As log as we don't eat it, It should be fine. "He added.

So the monkeys put the bananas in their mouths. One by one they eyed each other uncomfortably as they began their fast – And as you can imagine, within no time at all, the bananas disappeared down their gullets. And that was the end of their fast.

Shared By: - Bhavna Prasad

many years, suddenly was challenged & overcome 16 times in span of three years.....

The answer lies in our mindset, the impossible four minute mile - mindset had held back the athletes previous & once the record was broken, so was this mindset which resulted in achieving of what once thought to be impossible. The mindsets can keep us below our threshold & the same mindsets liberate us to exceed towards new destinations. As humans we are capable of opening our mind for right ideas & new frames or close them, it's just a matter of recognizing,



The future is in our hands.....

expanding & achieving.

Shared by: Atul Chavan

Before it's too late!!!

Life is like a box of chocolates. You never know what you're going to get" -Tom Hanks

The meaning of your life is something you create day after day with your own actions and thoughts. Life is made up of choices and decision making is critical as each choice has both consequences and benefits; please weigh the latter and always choose life. Always ask what you can learn, and how you can move forward, and stop yourself from blaming other people if things aren't the way you would like them to be.

Here are some steps which helpto live life to the fullest **before it's too late!!!**

- 1. Live each day as if it's your last and overall just do it! Like they say yesterday is history, tomorrow is a mystery but today is a gift, that's why it's called the present. Life presents us with a lifetime of opportunities but the opportunity of a lifetime is got when right choices are followed. Be present to enjoy the moment. Each day is a fresh start with options just waiting to be explored, so what are you waiting for?
- 2. Explore, live on the edge a little, and embrace new challenges. Visit new places with your loved ones. Take the road less traveled. Don't stick to the same old, as Life is more exciting with adventure!
- 3. Record your victories in life as well as your delights. Take time to reflect on what has been previously written. Be an <u>inspiration</u> to yourself and others.
- 4. Recognize daily the things you are grateful for. Let significant ones know how grateful you are to have while you can.



your family, friends, and other them. Share and express love

- 5. Focus on your inner and outer beauty to see the same in others. Acceptance comes from within. Don't focus on the things you don't like about yourself. Rather, find the things you love about yourself. Aren't you the closest person and most important person to you in the world?Love the ones who treat you right. Give love without expecting it to be returned. Be selfless in your attitude towards others.
- 6. Be kind and courteous. Enjoy the company of others. Acknowledge their goodness rather than the differences in their beliefs. Do not judge others. Treat others as you would like to be treated.
- 7. MOST IMPORTANAT, Find something that gives your life meaning, be it being a great friend, sibling, parent, grandparent, teacher, neighbor, etc. Once you have found something to live for, you'll live better. If it's not your relationships as a central purpose, maybe it's your occupation or something that you do outside work that makes a difference to others. The meaning of your life is something you decide. Set goals and move toward them in small reasonable steps.
- 8. Be realistic & Set attainable goals according to your abilities and talents. Consider each effort to be an attainment. Achieve one step before the other towards stability and security.
- 9. Laughter is the best medicine. It releases endorphins and promotes longevity. Inner joy is beautiful! Remember 'Life's about having fun, if you are not having fun you are not doing it right'.
- 10. Anticipate tomorrow, every day is unique, like the blossoming clouds. It's never the same, but always beautiful. If things aren't going right for you, remember that there is always tomorrow. Tomorrow, your life could change for the better.
- 11. This sounds over-simplistic, but happiness is always a choice. Suffering NEVER comes from your external conditions. Suffering always comes from the meaning you give things. Just be aware that unhappiness only comes from your own thoughts. Be aware of this and you'll spend much more time enjoying life and living life to the fullest.

Source: Miscellaneous

Shared By: - Poonam Gulati

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COURAGE

"courage is not the absence of fear, but rather the judgment that something else is more important than fear."

"courage is not living without fear.

courage is being scared to death and doing the right thing anyway."

"be strong now because things will get better. it might be stormy now but it can't rain forever."

"there is no need to be ashamed of tears, for tears bear witness that a man has the greatest of courage, the courage to suffer"

"courage is like a muscle; it is strengthened by use"

"those who lack the courage will always find a philosophy to justify it"

"courage dosent always roar. sometimes courage is the quite voice at the end of the day saying, "i will try again tommorow"

"it is easy to stand with crowd. it takes courage to stand alone"

"courage will follow when faith takes lead"

"courage is what it takes to stand up and speak. courage is also what it takes to sit down and listen

Source: - Miscellaneous

Relatively – Einstein never means this

Vichar karma - our thoughts & thinking

kriva karma - our actions & deeds what we do.

all these 3 karma's play a very very vital role in our destiny.

Vani karma - our words spoken

Life is beautiful journey to Cherish,

Cherish what nature has given you; be grateful of your possessions.

Often this journey is stained by the comparisons of your possessions.

No matter what you have, it'll be less relative to few and more relative to others.

What are the possessions which are subject to comparisons?

Wealth, Home, Gold/Silver, clothes? Ain't these things of least importance considering your overall existence in this universe?

Every Human is born unique to others, having your needs in relation to others possessions is wrong life.

while all 3 are very important......the most important and highly impressionable is our vichar karma. be very careful of what u think about vourself or others, those thoughts whether positive or negative

impact your energy field which in turn creates your magnetic field to attract your destiny.

No man in this world is given less than his allocated quota by nature.

A fact rarely realized but if it sinks in, would make this journey blissful

Source:- Miscellaneous

Karmic Energies

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Shared By:- Shilpi Sharma

Shared By: Chetan Sukre







Paul Hamilton Hayne Poem

When you are in misery, then do pray And be assured, this grief shall pass away. When you are ecstatic, be not too carefree; enjoy the moment, this, too, shall pass away. when you are in danger, purse your cause; And cling to hope, this, too, shall pass away. when you are tempted; for the materials that lay; One truth to yourself, this, too, shall pass away. Do the days of glory and grief always stay? Like the seasons of the year, this, too, shall pass away! Wherever you are, whenever the footsteps stray,





OH! Day



Source: Miscellaneous

Remember the wise words: This too shall pass away! Oh! 'Day' you are fresh and vibrant again With opportunities, challenges, but love and happiness to gain! I conquered you yesterday, But you are still the same! Back with energy, love and a pinch of pain!

Oh! 'Day' I'll definitely conquer you again!

Shared By: - Hemant Joshi

Steps For Self Care

If It feels wrong don't do it. Say exactly what you mean Don't be a people pleaser Trust your instincts. Never speak bad about your self Never give up on your dreams Don't be afraid to say "NO" Don't be afraid to say "NO" Let go of what you cannot control Stay away from drama & negativity Be Kind & Love your life.



Shared By: - Vijaya Dalv



Innovation ← → *We-nnovation*

It is indeed really admirable to notice that how and with which new Innovative idea, this universe was created by the Great Devine Creator Lord Bramha. Ever since his creation of this universe we have been continuously witnessing & experiencing something special, unique and different each rising day giving a feel of his wonderful innovative mind behind this. It is with great surprise that he has designed this beauty with limited available colors of simplicity and most importantly not disturbing the basic structure/routine of any day. Even then each day though being simple in itself has got so many attractive Innovations...!!!

Of course every new day brings in so many challenges for all of us. May be Lord wanted to indicate us to face the challenges by applying your innovative mind and create your own unique identity. Lord has already created everyone with an inbuilt innovative mind as every individual is trying their best to solve the challenges as per their capabilities however the fact remains that the perception of every individual differs according to their mind set.

Each one of us has different habits, talent, knowledge, values, interests, and ways of expressing ourselves. And we all have the capacity to be innovative. We approach innovation and change in different ways. Developing & launching innovative ideas, concepts and business models is essential in this fast growing world, in fact very difficult at the same time. My personal mission in the last 12 years has been to improve the effectiveness of the front end of innovation, trying to make it less complex to master.

For me Innovation means Invention, Improvement, Analyzation, Observation, Modification, Struggle with your mind, utilization of talent, application of new techniques and finally creation/achievement of such an

Once the mind set is open for change and you identified the customer's conflicts, you should be looking for unique ways to really innovate the present product portfolio. Stimulate provocative thinking. What would we do if we were new startup company? what would we do if we had unlimited access to money and resources? or if we had on the other hand no access to money or resources at all? or what would we do if the law *Unbeatable Solution* which is arrived only because of your unique techniques.

Some of the important factors to be taken care of to be an Effective Innovator at work

" GOOD, BETTER, BEST.. Never take the Rest..Until your GOOD is BETTER & BETTER is BEST."

<u>Try to be a Good Inspector</u>

"The formulation of the problem is often more essential than its solution, which may be merely a matter of mathematical or experimental skill.-Albert Einstin" To be effective in an organization you have to first *identify the Cause of the Problem* and have to bring the table ideas that solve a problem or fulfill the dream fitting expectations of your top management.

• <u>Try to be a Good Friend cum Teacher for your</u> juniors :

People within your organization will only change their attitude if they get new insights by themselves. So create a situation where they discover themselves what's happening out there. How markets, customers, competitors and technology are changing.

• Try to be a Good Observer :

Talking to customers with changing needs, discovering new upcoming competitors, exploring new technologies will open up your mindset. We should ask the question to ourself that why should customer buy our product? You have to give a very good reason for "why". Effective innovation provides simple solution for your relevant problem or a dream of your target group. You can then easily identify customer's conflicts by reaching to your customers with personal visits, meeting them in focus group.

Try to be a good Analyzer

would forbid our present products/services? Be precise to defer your judgment and to elaborate on the ideas instead of killing them right way.

Try to be a good Designer

Then work on whether is this a great idea or not? In any organization, many persons are resisting to change. They may oppose you. So test your ideas and prototypes in an early stage at customers. Your solution based on customers feedback and



use their enthusiast testimonial to get internal support.

<u>Try to be a good Promoter</u>

You might design your idea in your own innovative way. Although your management might have asked you to present them revolutionary new ideas and implement them in some better way. Be sure and precise to present your idea and show them how it's feasible, economical, profitable and at the same time "real" by taking help of your colleagues and analysed data base to get your vision transformed into an unbeatable solution and get it out there on the market.

By developing your awareness, knowledge and skillful practice of the Innovation Styles, you can benefit in many ways...

- Creative Innovation Style promotes the unique ways to meet new challenges. You will be more open, flexible, and self-confident and versatile while dealing with a work challenge – and when designing your own career!
- Each member of your team has a different blend of Innovation Styles. Once you understand how these styles influence their innovativeness, you'll understand your teammates better. You'll be able to select an Source:-Miscellaneous

innovative mix of people, gain higher participation, reduce relationship tension, and build more synergy on your teams. You'll be easier to work with, and so will they.

- By recognizing and accepting differences, you can take advantage of them. As you invite a wider variety of ideas into your life, your work will be more productive and stimulating... as you find creative solutions to challenges
- Building innovative relationships or having creative ideas is only the starting point. Learn to speak other people's "language of innovation," and you'll be more effective in getting them to buy in to your innovation ideas.
- Organizations have a blend of Innovation pattern too. Understanding your organization's pattern helps you to successfully plan and implement organization change and find ways to contribute to its overall success

Finally by being a Good Innovator you can feel the Inner satisfaction of your mind that you have successfully handled, fulfilled all the responsibilities of this challenging & fast growing world by creating a good team work and thereby fulfilling the strategy of Innovation (We-nnovation).

Shared by: -Manda



Hidimba Temple



Manikaran Gurudwara in Manali



HONOUR YOURSELF



You can do this by commiting to keep the truth of who you are visible, words of mark nepo – spiritual writer inhabit your destiny

How do we begin then to inhabit our destiny of being here? I believe it begins with reverence and listening, with honoring every bit of life we encounter. So at the deepest level, when I say I honor you, what does this mean? I've learned that to honor the truth of Someone else's experience means that when I become conscious

or aware of you, I make a commitment to keep that truth visible from that moment forward. To honor you means that what I've learned about you becomes part of our geography. It means that what has become visible and true will not become invisible again.

To honor myself, then, means that, as I grow, I will not ignore or hide the parts of my soul and humanness that become more present in me and the world. To honor myself means that I make a commitment to keep the truth of who I am visible: that I will not let the truth of my being become invisible again or if it does, I will stay devoted to retrieving it.

Given all this, to honor god means that we vow to keep all that we become aware of in view; that we will not pretend to be ignorant of things we know to be true or holy. And if we forget or get distracted or derailed, we will stay devoted to retrieving the ever-present sense of the sacred.

Listening helps

So at the deepest level, the most essential level, Listening entails a constant effort to feel that moment where everything touches everything else; a constant efforts to live below the sheer fact of things. This Fundamental listening Invokes a commitment to keep what is true before us, so we might be touched by the life-force in all things. Such listening opens us to the never-ending art of tuning our inner person to the mysteries that surround us. How? Through the work of honoring what we experience , through the work of keeping what is true visible. All this is the work of reverence.

We will encounter many great listeners along the way, many great workers of reverence. To welcome you on this journey, I offer one great listener, known more for his understanding of gravity that for the deep quality of his ability to honor life. I'm referring to the legendary physicist, Sir Isaac Newton. Near the end of his life, Newton declared with joy and humility. "I do not know what I may appear to the world; but to myself I seem, to have been only like a boy playing on the sea- shore, and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, while the great ocean of truth lay all undiscovered before me." Let us begin our walk along the sea. Seven thousand ways to listen, Simon & Schuster.

Source: Newspaper

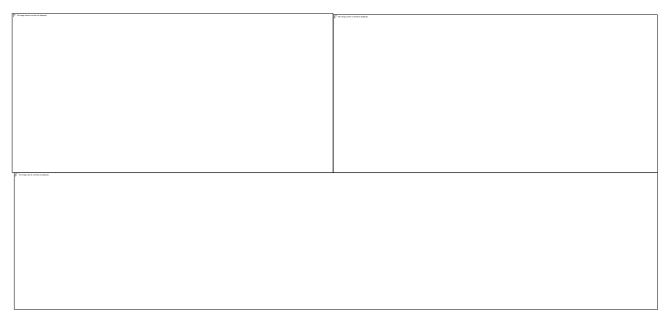
Shared By: Anupama Dhus



Shared by: - Vijaya dalvi



FIRST PROJECT CARGO CLEARANCE AT MUMBAI PORT



With the beginning on 2015 InterJAS started with custom clearance of Project & Break bulk clearance both for Import as well Export at Mumbai Port.

INTERJAS LOGISTICS MUMBAI SHIFT TO NEW OFFICE

2015 Brought smiles for Mumbai Team with shifting to a bigger & better office facility with the growing team which was well deserved.



Celebrations @ InterJAS Logistics Pvt. Ltd.



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INTERJAS PLANNER - 2015

Weekly Off Paid Holidays MRM

1

EMPLOYEES BIRTH DAY CALENDAR - 2015

JANUARY	FEBURARY	MARCH	APRIL		
9-Shilpi	5- Hitesh	11-Pranav	9-Sudhir		
20-Pratap	12-Rupesh	23-Pooja	26-Rajeshwar		
27-Prabhakar		,-	27-Dakshesh		
29-Manda					
31-Suresh Mali					
51- Suresh Man					
MAY	JUNE	JULY	AUGUST		
5-Savitha	1-Ashok	6- Nitin Parab	23-Raviraj		
10-Chetan	10-Atul	6-Anupama Dhus			
	11-Adnan	19-Poonam Gulati			
	26-Hemant Pol				
	27-Ruchi				
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER		
4-Sonali B	11-Shiva	15-Pankaj	8-Vikas		
6- Pragat	15-Rohit	1.5 1 4444	18-Vijava		
25-Heman Joshi	25-Nagesh		18-Jyoti		
28-Ambar	25 Magesii		20-Privanka		
28-Ambar			20-Priyanka 23-Bhayna		
			26-Raju		
			27-Shilpa		









- Container as well Domestic Transportation, FTL/ LTL
- Warehousing & Distribution through strategic partnerships .

Network

- Mumbai: (Air freight) InterJAS Logistics Pvt. Ltd. 605 Rangoli, Opp.Sahar Cargo, Andheri East, Mumbai 400 059. Tel: 0091 22 26817641 / 42,
- Mumbai: (Sea Freight) InterJAS Logistics Pvt. Ltd. Office No. 105, first Floor, Monarch Plaza, Plot No -56, Sec-11, C.B.D Belapur Navi Mumbai-400614. Tel: 022 43221000
- Pune: InterJAS Logistics Pvt. Ltd. 209 & 210, Konark Epitome, Viman Nagar, Pune 411 014. Tel: 0091 20 41284101 / 02 / 03 / 04 Fax: 0091 20 41284105
- Delhi: InterJAS Logistics Pvt. Ltd. FF 15 Spanish Court ,Block C , Palam Vihar , Gurgaon 122017.
- Tel: 0091 124 4086253 Fax: 0091 124 4276122.
- Ahmedabad : B- 263, 2nd Floor, Sakar-7, Near Nehru Bride Corner, Ashram Road, Ahmedabad- 380009 . Tel: 0091 79 40326633
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